

24-2-11

To Whom it may concern,

I have been receiving accupuncture treatment from Helen hi at the Otara Health Centre and I am very pleased with the results.

I had been to my local doctor and after x-rays were done she referred me to Helen for accupuncture. I was experiencing bad tingling down my leg after a work injury. The tingling has now subsided after the dozen or so visits.

During these visits Helen kindly offered to work on a painful lump that I have had under my breast for the last ten years. I was referred to the breast clinic three separate times, each time having a mamogram, x-ray & ultrasound and each time receiving no help to remedy the problem. I was told to take painkillers and hope it would go away with menopause.

Now after a few visits with Helen, the lump has reduced immensely and is on the way to being completely gone.

I wouldn't hesitate to come back and have accupuncture again for any problems that occur in future.

Thank you Helen for your care, kindness and happy disposition.

Good luck and God bless.

Gabriel Stella
GStella.